



**Please use this checklist to review your skin protection policy and practice.**

**POLICY REVIEW CHECKLIST FOR NORTHERN TERRITORY EARLY LEARNING CENTRES**

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|  | In the Northern Territory it is recommended that a skin protection policy be implemented all year round as the UV radiation is always high, very high or extreme. The policy incorporates OSHC and Vacation Care programs if held on centre grounds. |
|  | All staff and children wear a broad rimmed, legionnaire or bucket hat (bucket hat must have minimum 6cm brim) whenever they are outside.   |
|  | Appropriate sun protection clothing is encouraged and requested.   |
|  | The centre has sufficient shade or is working towards increasing the number of trees and shade structures so as to provide adequate sun protected areas in the centre grounds.   |
|  | Particular care is taken between the UVR peak times of between 10am and 3pm, and outdoor activities are scheduled outside of these times where possible.   |
|  | A combination of skin protection measures are considered when planning outdoor events.   |
|  | Children are actively encouraged to use available areas of shade for outdoor activities.   |
|  | Children who do not have appropriate hats are asked to play in an area protected from the sun.   |
|  | Staff act as positive role models and practice SunSmart behaviours including wearing an appropriate hat whilst outdoors.   |
|  | The use of SPF 30+ broad spectrum, water resistant sunscreen is encouraged, with time for application of sunscreen allowed.  |
|  | Programs on skin cancer prevention are included in the activities.   |
|  | SunSmart behaviour is regularly reinforced and promoted to the centre community (eg newsletters) and all new families and staff members are informed of the policy.  |
|  | The use of sunglasses that meet the Australian Standard 1067 (sunglasses category 2, 3 or 4) is encouraged where appropriate.  |
|  | The centre reviews its SunSmart policy at least every 2 years by monitoring the centres compliance and making suggestions for improvement.   |

If you have any questions or require further information please contact the SunSmart Schools Coordinator on (08) 8927 4888 or email [healthpromotion@cancernt.org.au](mailto:healthpromotion@cancernt.org.au)