

SunSmart Early Childhood Application and Policy Checklist



CENTRE / PRE-SCHOOL APPLICATION CHECKLIST

Please make sure your application includes:

- SunSmart early childhood program application form
- Signed SunSmart early childhood program agreement
- Copy of your centre / pre-school's sun protection policy

CENTRE / PRE-SCHOOL POLICY CHECKLIST

Please make sure your policy includes the following key points:

- This policy is implemented all year in Northern Territory as UV levels are very high or extreme all year.
- Particular care is taken between 10 am and 3 pm when UV levels reach their peak.
- A combination of sun protection measures are considered when planning all outdoor activities.
- The centre / pre-school has sufficient shade or is working towards increasing the number of trees and shade structures so as to provide adequate sun protected areas.
- Children are encouraged to use areas of shade for outdoor activities.
- Children who do not have appropriate hats or sun protective clothing are asked to play in the shade.
- When outside, children wear sun protective clothing that covers as much skin as possible.
- When outside children wear hats that protect their face, neck and ears i.e. a broad brimmed (minimum 6cm brim), legionnaire or bucket hat (deep crown and minimum 5cm brim).
- The use of wrap-around sunglasses that meet Australian Standard 1067 (Sunglasses – Category 2, 3 or 4) is encouraged. **(Suggested.)**
- SPF 30+ broad spectrum, water resistant sunscreen is applied at least 20 minutes before going outdoors.
- Staff act as role models by practising SunSmart behaviours.
- Learning about skin and to protect skin from the sun is incorporated into planned experiences.
- Staff and families are provided with educational material on sun protection, the service's sun protection policy, and ways they can help support it.
- The centre / pre-school reviews its sun protection policy every two years and revises the policy as required.

SunSmart Early Childhood Application and Policy Checklist



For further information or to return this form - please contact:

The Cancer Council Northern Territory

PO Box 42719 Casuarina NT 0811 Ph: 8927 4888 Fax: 8927 4990

Please complete early childhood centre details below:

We have reviewed our Early Childhood SunSmart policy and believe it still meets the essential criteria as outlined by The Cancer Council Northern Territory's SunSmart Early Childhood Program.

Centre Name: Date of review:.....

Street Address:

Postal Address:

Phone (BH): Email:

Contact Name: Position:

Signature: